

NavaGraha Homa

Basic Procedure (Laghu)



Items Required

Following are the items required to perform Nava Graha homa:

- Copper Homa/Havan Kund (8 Inches or more)
- Wooden spoon (Sruvam)
- Cow Ghee
- Ghee Container
- Copper glass, spoon & plate (Pancha patra set)
- Diya / Lamp
- Sandal wood Powder
- Flowers
- Dhoop stick / Loban
- Raisins / jaggery etc. for Naivedyam
- Navadhanyas, Black & White Til(Sesame), Graha grains
- Wheat / Jaggery
- Camphor & Camphor stand for Aarti
- Dry coconut halves
- Wooden Sticks (Samidha)
- Dry Dates for Poornahuti
- Mat
- Kalasha (Copper / Brass/ any) with water
- Match Box

Homa Process

1. Initial Prayers & Permission (Anugna)

Think of the following & Seek permission for performing the homa:

- Ganapati
- Guru
- Rishis
- Parents
- Ancestors
- Kula devata
- sUrya deva
- Bhudevi
- Go mata
- Ishta devata, etc.

2. Light a lamp

Light a Diya / lamp and bow to it in reverence

3. Achamana

Take spoonful of water from the Pancha Patra into your right hand and sip it by chanting below mantras. After 3 sips, put little water on the hand and wash it.

- OM kEshavAya svAhA |
- OM nArAyaNAya svAhA |
- OM mAdhavAya svAhA |

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4. Prayer to Ganesha

Say the following shloka of Ganapati:

**shukIAMbaradharaM viShNuM shashivarNaM caturbhujam | prasannavadanaM dhyAyEt sarva
vighnOpashAMtayE | |**

5. Pranayama

Place your thumb on the right nostril, inhale through the left nostril. Hold breath for a while. Close the left nostril with ring finger. Exhale from the right Nostril. Do these steps in reverse order again. While doing this, think of the following mantra: **“OM gaM”**

6. Sankalpa

Take a spoonful of water in right palm, pledge while saying the below and leave the water on ground.

**OM mamOpAtta samasta duritakShayadvArA shrI paramEshvara prItyarthaM nava graha prasAda
siddhyarthaM adya shubhadinE shubhamuhUrtE nava graha hOmakarma yathAshakti kariShyE | Or**

“I shall now perform a homa to the best of my ability, for the pleasure of Nava Grahas”

7. Prokshana

Take water in Kalasa and place near Havan kund. Put your right palm on top of Kalasa and say the following beeja for **11** times. **“vam”**

Take a little water from Kalasa and sprinkle it on **Self** and **all Pooja items** including homa kund for cleansing.

8. Agni Pratishtapana

Place few coconut pieces along with samidhas and camphor in the Homa kund. Take a camphor piece, light it from the Diya / lamp, and put it in the Homa kund while saying the following

OM bhUrbhuvassuvarOm

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9. Offerings to Agni

Offer ghee into fire using Sruvam (wooden spoon) after svaha, for 8 times:

" OM bhUrbhuvassuvaH svAhA "

10. Preliminary Offerings

Offer ghee for each of the below 5 mantras:

- OM prajApatayE svAhA|
- OM indrAya svAhA|
- OM agnayE svAhA|
- OM sOmAya svAhA|
- OM bhUrbhuvassuvaH svAhA |

11. Invoke Ganapati into Fire

Think of Ganapati and say the following while showing your hands towards fire:

- AvAhitO bhava
- sthApitO bhava

Or Say – *“O Ganesh, please come into this fire”*.

- Offer Raisins to Ganapati by saying
“OM gaM gaNapatayE namaH | Naivedyam Samarpayami”
- Offer ghee after svaha and say the following mantra for at least 11 times:
“OM gaM gaNapatayE namaH | svAhA |”/ OM gaM sarvasiddhi pradAYai gaNapataYE namaH
- Offer a full fruit (Dates, Raisins, etc.) to Ganapati by saying
“OM gaM gaNapatayE namaH” pUrNAhutiM samarpayAmi |

12. Invoke Nava Graha devatas into Fire

Think of Nava Grahas devatas to come into fire and say the following while showing your hands towards fire:

- AvAhitO bhava
- sthApitO bhava

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Or Say – “O Nava Graha devatas, please come into this fire”.

Dhyana:

ādityāyaca sōmāya |

mangaḷāya budhāyaca |

guru śukra śanibhyasca rāhavē kethavē namaḥ ||

13. Panchopachara (5 offerings) to Nava Graha Devatas

Offer the following 5 upacharas to navagraha deva:

Offer Sandal powder	OM navagraha devatAByo namaH gandhaM samarpayAmi
Offer flowers	OM Navagraha devatAByo namaH puShpaM samarpayAmi
Light incense stick and show	OM Navagraha devatAByo namaH dhUpaM AghrApayAmi
Show Diya / Light	OM Navagraha devatAByo namaH dIpaM darshayAmi
Offer Raisins, Jaggery, etc.	OM Navagraha devatAByo namaH naivEdyaM samarpayAmi

14. Main Homa – Navagraha Deva

Offer Ghee/black/White Sesame/Til seeds + Navadhanyas / Jaggery to Nava Grahas devas for at least **108 times** by saying the following mantra: This mantra is a very secret Navagraha mantra given by sage Vishwamitra.

ōm śrīm klīm sūrya candra bhauma budha guru śukra śaniścara rāhu kētu sahitāya klīm namaḥ svāhā

Note: The above mantra is offered for 21 days with 9 * 108 ahutis for faster relief.

15. Offering to Nava graha Parivara devatas (Associates)

Offer Ghee/ black Sesame seeds to Parivara devatas by saying the following mantra:

OM nava graha parivAra dEvatAbhyOnamaH svAha

16. Punah Pooja to navagraha devata

Offer Raisins/Jaggery etc.	OM Navagraha devatAByo namaH Naivedyam samarpayami
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Offer Aarati (light camphor)

OM Navagraha devatAByo namaH | Neerajanam samarpayami

17. Final offerings

Offer ghee for each of the below 6 mantras:

- **OM bhUH svAhA**
- **OM bhUvaH svAhA**
- **OM suvaH svAhA**
- **OM bhUrbhuvassuvaH svAhA**
- **OM shrI viShNavE svAhA svAhA**
- **OM rudrAya svAhA**

18. Poornahuti

Offer a full fruit (Dates, Raisins, etc.) after saying the following mantra:

**OM pUrNamadaH pUrNamidaM pUrNAtpUrNamudacyatE | pUrNasya pUrNamAdAya
pUrNamEvAvaSiShyatE | |**

OM Navagraha devatAByo namaH svAhA pUrNAhutiM samarpayAmi |

19. Homage to Agni

Put 7 offerings of ghee after this mantra:

om agnayE saptavatE svAhA |

20. Pranayama & Meditation

First do Pranayama and then meditate (mentally chant **ōm śrīm klīm sūrya candra bhauma budha guru śukra śaniścara rāhu kētu sahitāya klīm namaḥ** Or any other mantra as guided; or of your choice / just sit with no thoughts / observe your breath etc.). Do this for at least 5 minutes closing your eyes.

21. Udvasana

Show both hands to the fire and imagine Maha Ganapati & Nava Graha Deva to come back to your heart while pointing hands to your heart.

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22. Thanks giving & Udvasana to Agni

Express thanks to Agni for the whole ritual. Show both hands to the fire and imagine Lord Agni to come back to your heart while pointing hands to your heart.

23. Kshama Prarthana

Ask for forgiveness of any mistakes / shortcomings and say

shrI kRShNa kRShNa kRShNa (Think of Lord Krishna).

24. Samarpana

Say the following mantra to surrender the doership to lord Sri krishna:

sarvaM shrI kRuShNArpaNamastu|

25. Shanti mantra

OM shAntiH shAntiH shAntiH |

Note: For Graha Upashanti, do a Japa count of 9 malas for 21 days;

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