

Sri Hanuman Homa

Basic Procedure (Laghu)



Items Required

Following are the items required to perform Hanuman homa:

- Copper Homa/Havan Kund (8 Inches or more)
- Wooden spoon (Sruvam)
- Cow Ghee
- Ghee Container
- Copper glass, spoon & plate (Pancha patra set)
- Diya / Lamp
- Sandal wood Powder
- Blue colored Flowers
- Dhoop stick / Loban
- Raisins / jaggery etc. for Naivedyam
- Black Til (Sesame)
- Camphor & Camphor stand for Aarti
- Dry coconut halves
- Wooden Sticks (Samidha)
- Dates for Poornahuti
- Mat
- Kalasha (Copper / Brass/ any) with water
- Match Box

Homa Process

1. Initial Prayers & Permission (Anugna)

Think of the following & Seek permission for performing the homa:

- Ganapati
- Guru
- Rishis
- Ancestors
- Parents
- Kula devata
- Shiva, Vishnu
- Bhudevi
- Gomatā
- Ishta devata, etc.

2. Light a lamp

Light a Diya / lamp and bow to it in reverence

3. Achamana

Take spoonful of water from the Pancha Patra into your right hand and sip it by chanting below mantras. After 3 sips, put little water on the hand and wash it.

- **OM kEshavAya svAhA |**
- **OM nArAyaNAya svAhA |**
- **OM mAdhavAya svAhA**

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4. Prayer to Ganesha

Say the following shloka of Ganapati:

**shukIAMbaradharaM viShNuM shashivarNaM caturbhujam | prasannavadanaM dhyAyEt sarva
vighnOpashAMtayE | |**

5. Pranayama

Place your thumb on the right nostril, inhale through the left nostril. Hold breath for a while. Close the left nostril with ring finger. Exhale from the right Nostril. Do these steps in reverse order again. While doing this, think of the following mantra: **“OM gaM”**

6. Sankalpa

Take a spoonful of water in right palm, pledge while saying the below and leave the water on ground.

**OM mamOpAtta samasta duritakShayadvArA shrI paramEshvara prItiyarthaM shrI hanumat prasAda
siddhyarthaM adya shubhadinE shubhamuhUrtE shrI hanumat hOmakarma yathAshakti kariShyE | Or**

“I shall now perform a homa to the best of my ability, for the pleasure of Lord Hanuman”

7. Prokshana

Take water in Kalasa and place near Havan kund. Put your right palm on top of Kalasa and say the following beeja for **11** times. **“vaM”**

Take a little water from Kalasa and sprinkle it on **Self** and **all Pooja items** including homa kund for cleansing.

8. Agni Pratishtapana

Place few coconut pieces along with samidhas and camphor in the Homa kund. Take a camphor piece, light it from the Diya / lamp, and put it in the Homa kund while saying the following

“OM bhUrbhuvassuvarOm”

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9. Offerings to Agni

Offer ghee into fire using Sruvam (wooden spoon) after svaha, for 8 times:

" OM bhUrbhuvassuvaH svAhA "

10. Preliminary Offerings

Offer ghee for each of the below 5 mantras:

- OM prajApatayE svAhA |
- OM indrAya svAhA |
- OM agnayE svAhA |
- OM sOmAya svAhA |
- OM bhUrbhuvassuvaH svAhA |

11. Invoke Ganapati into fire

Think of Ganapati and say the following while showing your hands towards fire:

- AvAhitO bhava
- sthApitO bhava

Or Say – *“O Ganesha, please come into this fire”*.

- Offer Raisins to Ganapati by saying
“OM gaM gaNapatayE namaH | Naivedyam Samarpayami”
- Offer ghee after svaha and say the following mantra for at least 11 times:
“OM gaM gaNapatayE namaH | svAhA |” / OM gaM sarvasiddi pradAYai gaNapataYE namaH
- Offer a full fruit (Dates, Raisins, etc.) to Ganapati by saying “OM gaM gaNapatayE namaH”
pUrNAhutiM samarpayAmi |

12. Invoke Hanuman deva into fire

Think of Hanuman deva and say the following while showing your hands towards fire:

- AvAhitO bhava
- sthApitO bhava

Or Say – *“O Hanuman deva, please come into this fire”*.

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Dhyanam:

manojavam mAruta tulya vEgam

jitendriyam buddhimatAm variShTham .

vAtAtmajam vAnara yUtha mukhyam

shrIrAma dUtam shirasA namAmi

13. Panchopachara (5 offerings) to Hanuman

Offer the following 5 upacharas to Hanuman deva:

Offer Sandal powder	OM haM hanumatayE namaH gandhaM samarpayAmi
Offer flowers	OM haM hanumatayE namaH puShpaM samarpayAmi
Light incense stick and show	OM haM hanumatayE namaH dhUpaM AghrApayAmi
Show Diya / Light	OM haM hanumatayE namaH dlpaM darshayAmi
Offer Raisins, Jaggery, etc.	OM haM hanumatayE namaH naivEdyaM samarpayAmi

14. Main Homa – Hanuman Deva

Offer Ghee/black Sesame/Til seeds /Tulsi (Basil) leaves to Hanuman deva for atleast **108 times** by saying the following mantra:

“OM haM hanumatayE namaH svAhA” | Or Any other Hanuman mantra that you like

15. Offering to Hanuman Parivara devatas (Associates)

Offer Ghee/ black Sesame seeds to Parivara devatas by saying the following mantra:

OM hanumAn parivAra dEvatAbhyOnamaH svAhA

16. Punah Pooja to Hanuman deva

Offer Raisins/Jaggery etc.	OM haM hanumatayE namaH Naivedyam samarpayami
Offer Aarati (light camphor)	OM haM hanumatayE namaH Neerajanam samarpayami

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17. Final Offerings

Offer ghee for each of the below 6 mantras:

- OM bhUH svAhA
- OM bhuvah svAhA
- OM suvah svAhA
- OM bhUrbhuvassuvaH svAhA
- OM shrI viShNavE svAhA svAhA
- OM rudrAya svAhA

18. Poornahuti

Offer a full fruit (Dates, Raisins, etc.) after saying the following mantra:

OM pUrNamadaH pUrNamidaM pUrNAtpUrNamudacyatE | pUrNasya pUrNamAdAya
pUrNamEvAvaSiShyatE | |

OM haM hanumatayE namaH svAhA pUrNAhutiM samarpayAmi |

19. Homage to Agni

Put 7 offerings of ghee after this mantra:

OM agnayE saptavatE svAhA |

20. Pranayama & Meditation

First do Pranayama and then meditate (mentally chant **OM haM hanumatayE namaH** or any other mantra as guided; or of your choice / just sit with no thoughts / observe your breath etc.). Do this for at least 5 minutes closing your eyes.

21. Udvasana

Show both hands to the fire and imagine Maha Ganapati & Hanuman to come back to your heart while pointing hands to your heart.

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22. Thanks giving & Udvasana to Agni

Express thanks to Agni for the whole ritual. Show both hands to the fire and imagine Lord Agni to come back to your heart while pointing hands to your heart.

23. Kshama Prarthana

Ask for forgiveness of any mistakes / shortcomings and say

shrI kRShNa kRShNa kRShNa (Think of Lord Krishna).

24. Samarpana

Say the following mantra to surrender the doer-ship to lord Sri krishna:

sarvaM shrI kRuShNArpaNamastu|

25. Shanti Mantra

OM shAntiH shAntiH shAntiH |

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