

Divya Pitru Tarpana



Introduction

Every human is connected to their ancestors through their soul. The Double Helix structure of the Human DNA is the closest physical link connecting us to our departed ancestors. Our Human ancestors who once inhabited this Planet earlier express themselves through us by being present in us as seed principle of DNA. One must show gratitude to their ancestors for their creation. Rishis have given a simple process of Pitru tarpana for expressing such gratitude.

This manual provides the process of Divya Pitru Tarpana that can be adopted by everyone irrespective of their father being alive or Not. Offering Tarpana through a simple water ritual and satiating the Divya pitris removes the blockages/Doshas in the life of an individual and enriches both the Material and spiritual wellbeing.

The Deva Pitris are an exalted class of 7 divine beings who assume different forms and are said to be the progenitors of the entire Human race. These divya pitris further express themselves with Corporeal (4 With rupa) and Incorporeal (3 Arupa) identities. Since they are the very source of our existence and confer blessings easily, it becomes important to propitiate them often through a simple yet powerful ritual of Tarpana and more particularly during special times of the year like Pitri paksha (Ancestral fortnight) , Masa sankranthi (Monthly Solar Ingress) etc.

Items Required

Following are the items required to perform Tarpana:

- Pancha patra set (with water)
- A glass filled with water for performing tarpana
- A bowl to collect water
- Dharbas
- Black Sesame Seeds (Til)
- Mat

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Tarpana Process

1. Initial Prayers & Permission (Anugna)

Think of the following deities & Seek permission for performing the Tarpana:

- Ganapati, Vishnu
- Guru
- Rishis
- Parents
- Ancestors

2. Achamana

Take spoonful of water from the Pancha Patra into your right hand and sip it by chanting below mantras. After 3 sips, put little water on the hand and wash it.

ōm kēsāvāya svāhā	(Or) ōm acyutāya namaḥ
ōm nārāyaṇāya svāhā	(Or) ōm anantāya namaḥ
ōm mādhavāya svāhā	(Or) ōm gōvindāya namaḥ

Note: Optionally one can say all 24 names of Vishnu

3. Aasana Pooja

Touch the Asana with both hands before sitting on the Asana and say”

ōm kūrmasānāya namaḥ

4. Prayer to Ganesha

Say the following shloka of Ganapati for removing obstacles:

śuklāmbaradharaṁ viṣṇuṁ śaśivarṇaṁ caturbhujam |
prasannavadanaṁ dhyāyēt sarva vighnōpasāntayē ||

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5. Pranayama

Place your thumb on the right nostril, inhale through the left nostril. Hold breathe for a while. Exhale from the right Nostril. Do these steps in reverse order again. While doing this, think of the following mantra: ōm gaṁ or Gayatri Mantra or any other mantra.

6. Sankalpam

Take a spoonful of water (Flower/ Akshatas) in right palm, pledge while saying the below and leave the water in the plate.

$\text{ōm mamōpāṭṭa samasta duritakṣayadvārā śrī paramēśvara prītyartham}$
 $\text{divya piṭṛu anugraha prasāda siddhyartham adya śubhadinē śubhamuhūrtē}$
 $\text{divya piṭṛu tarpaṇam kariṣyē ||}$

7. Setup

Following are the instructions for the Tarpana Vidhi:

- Sit facing South
- If you have Yagnyopavitha, change it into apasavya position (Right shoulder)
- Wear a pavitram on your right hand ring finger. If pavitram is not available, wind a dharbha around your ring finger.
- Drop few black Sesame seeds into the glass filled with water and stir it well (not Achamana glass).
- Put bowl in front of you and place few dharbas in it. If possible, get a Dharbha Koorcha and place it in the bowl for invoking Divya pitrus.

8. Divya Pitris invitation

Invite the Divya Pitris into Dharbas / koorcha placed in the bowl by saying the following mantra:

$\text{ōm āgacchantu divya pitarah mayā kṛuta tarpaṇam svīkurvaṃtu}$

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9. Divya Pitru Tarpana Mantras:

- Take a spoonful of water mixed with sesame seeds from the glass into your palm and leave the water from the **gap between your right hand thumb and the index finger** by tilting the hand to right.
- Make sure both water and sesame seeds fall each time the mantra recited.
- For every mantra, pour the water into palm and leave into the bowl having dharbas.
- Refer to the following picture for more clarity.



- ॐ कव्यवार्त्तृप्यतमं इदमं सतिलमं जलमं तस्माि स्वधार् नामहृ |
तस्माि स्वधार् नामहृ | तस्माि स्वधार् नामहृ ||
- ॐ सोमहृ तृप्यतमं इदमं सतिलमं जलमं तस्माि स्वधार् नामहृ |
तस्माि स्वधार् नामहृ | तस्माि स्वधार् नामहृ ||
- ॐ यमहृ तृप्यतमं इदमं सतिलमं जलमं तस्माि स्वधार् नामहृ |
तस्माि स्वधार् नामहृ | तस्माि स्वधार् नामहृ ||

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- ॐ aryamāḥ ṛṇpyatām idaṁ satilaṁ jalaṁ tasmai svadhā namaḥ |
tasmai svadhā namaḥ | tasmai svadhā namaḥ ||
- ॐ agniṣhvāttāḥ pitarāḥ ṛṇpyantām idaṁ satilaṁ jalaṁ tēbhyaḥ
svadhā namaḥ | tēbhyaḥ svadhā namaḥ | tēbhyaḥ svadhā namaḥ ||
- ॐ sōmapāḥ pitarāḥ ṛṇpyantām idaṁ satilaṁ jalaṁ tēbhyaḥ
svadhā namaḥ | tēbhyaḥ svadhā namaḥ | tēbhyaḥ svadhā namaḥ ||
- ॐ barhiṣhadaḥ pitarāḥ ṛṇpyantām idaṁ satilaṁ jalaṁ tēbhyaḥ
svadhā namaḥ | tēbhyaḥ svadhā namaḥ | tēbhyaḥ svadhā namaḥ ||
- ॐ sarvān piṛṇugṁ tarpayāmi | tarpayāmi | tarpayāmi ||
- ॐ sarvān piṛṇugaṇāgṁ tarpayāmi | tarpayāmi | tarpayāmi ||
- ॐ sarvāḥ piṛṇpatnyāḥ tarpayāmi || (Once)
- ॐ sarvān piṛṇuputrāgṁ tarpayāmi | tarpayāmi | tarpayāmi ||
- ॐ sarvān piṛṇupautrāgṁ tarpayāmi | tarpayāmi | tarpayāmi ||
- ॐ bhūḥ piṛṇugṁ tarpayāmi | tarpayāmi | tarpayāmi ||
- ॐ bhuvaḥ piṛṇugṁ tarpayāmi | tarpayāmi | tarpayāmi ||
- ॐ suvaḥ piṛṇugṁ tarpayāmi | tarpayāmi | tarpayāmi ||
- ॐ bhūrbhuvasuvaḥ piṛṇugṁ tarpayāmi | tarpayāmi | tarpayāmi ||

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Leave water with sesame seeds continuously as a flow while reading the following shloka. This shloka appeases all beings of all lokas.

ābrahmastambaparyantaṁ devarṣi pitṛmānavāḥ | tṛpyantu pitaraḥ sarvā
māṭṛmātāmahādayaḥ ||
atītakulakōṭīnām saptadvīpanivāsinām | ā brahmabhuvanālokāt idamastu
tilōdakam ||

10. Kshama Prarthana

Ask for forgiveness of any mistakes / shortcomings and say

mantrahīnam kriyāhīnam bhaktihīnam nikhilēśhvara |
yatkr̥tāntu mayā dēva paripūrṇam tadastutē ||

śrī kṛṣṇa kṛṣṇa kṛṣṇa (think of Lord Krishna).

11. Samarpana

anēna maya kṛta divya pitṛ tarpaṇēna bhagavān sarvātmakaḥ śrī
mahāviṣṇu priyatām|

ōm tatsat| sarvaṁ śrī kṛṣṇārpaṇamastu |

12. Shanti mantra

ōm lōkāssamastā ssukhinōbhavantu ||
ōm śāntiḥ śāntiḥ śāntiḥ ||

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